

**The Significance of the Geeta To Me**  
***by Suraj Bulchand***

Take a look at this scenario, and imagine yourself in this position. You're facing a time in your life where absolutely everything seems insufferable. You become depressed, feel pain and sorrow, and shed tears of anguish and grief. You feel that even family and friends seem futile in any way to offer any sort of comfort, and want to end your life there and then. You are left alone to suffer, your heart shattered, your soul sinking. What are you to do? You feel that no one can help, but at the same time, crave for any sort of advice or assistance.

Or look at a less serious scenario. You have too much stress on your shoulders and are about to break down. Again, what would you do? Have you ever been in this position before? Well, I have. But never have I stayed in that position for long, because I go to the one person who makes me so comfortable, so peaceful, and so cleansed. I'm talking about someone who has given us the gift of life. I'm talking about someone who gives us hope, love and peace. I'm talking about God.

Ever so often, we think about questions regarding the Supreme Being that few are able to answer. Who is God? Why must we show compassion and respect towards God? What is so elite about God? How do we know God even exists? How do we connect with God and receive His blessings? And the list of queries goes on. I too, was in a daze, trying to figure out who and what God was until I was introduced to the Bhagavad Geeta. My problems evaporated and life seems so pure, brilliant and blessed.

So what does the Bhagavad Geeta really teach us? I feel that the Bhagavad Geeta is our guide to connect and become one with the Supreme Being, a way to consult Him to obtain answers to life's problems, a way to show Him how much you care. If there's one thing I've learnt during my classes, it's that memorizing or learning verses is useless, if you don't understand the true meaning of each one of them. Every verse in the Bhagavad Geeta is so powerful, so meaningful and so rich, that when you understand what you read, you truly become dazzled by the beauty of each one. The significance that the Bhagavad Geeta possesses is so fantastic that reading even a part of a verse puts you at such harmony that it seems like all your troubles dissolve, and you become one with the Lord.

Reading the Bhagavad Geeta has made me realize how truly blessed my life is. Honestly speaking, when I attended my first geeta class, I would stare at my watch the whole time, waiting for it to be over, and I would always be the first one to take to my heels and escape the boredom I used to feel. It had taken me so long to realize what I was missing out on.

I soon discovered the beauty of the Bhagavad Geeta, and the part it played in my life was, and still is, enormous. Before every exam I take, I say "Karparyadosho.." and before every meal I eat I say "Brahmarpanam". It truly puts me at peace, gives me strength and makes me realize that no matter where I am, or what I do, God is inside me, is a part of me.

To conclude, I would like to say that what the Bhagavad Geeta has taught me will remain in my heart and soul for eternity, and I will continue to discover the true meaning of life, obtaining peace, with the help of the Bhagavad Geeta and of course, with the grace of Shri Bhagavan. Hari Aum Tat Sat.